

A/B Subject lines:

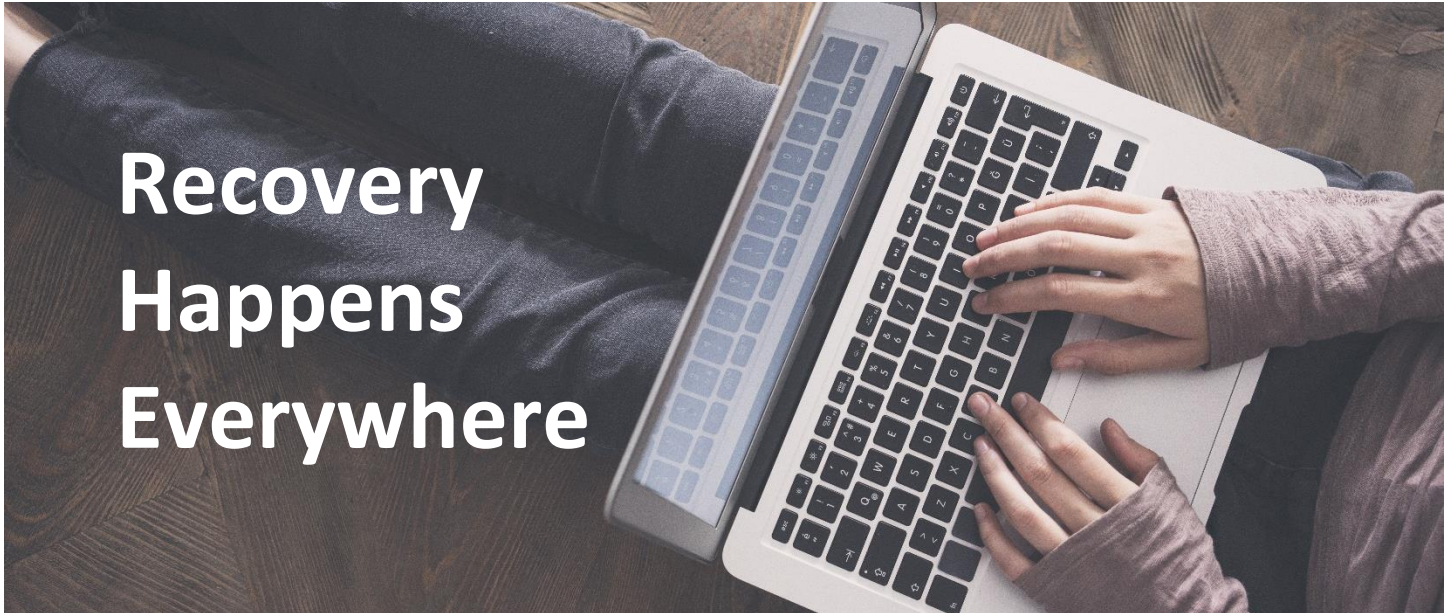
- A. 3 Reasons Why Our Virtual Care Programs Lead to Long-Lasting Recovery
- B. Discover How Our Virtual Care Programs Keep Patients Connected



Eating Recovery Center



Pathlight  
Mood & Anxiety Center



There are a lot of reasons why you can feel confident referring your patients to the **Virtual Care Programs** offered at [Eating Recovery Center](#) (ERC) and [Pathlight Mood & Anxiety Center](#). Let's start with 3.

### Clinicians. Curriculum. Connection.

- ❖ **Clinicians** – Our clinical experts are highly trained and **experienced in the field of eating disorders and mental health**. They've helped make us **the leading provider of virtual treatment at higher levels of care**. In fact, ERC Pathlight was the first in our field to offer virtual care back in 2016, before the pandemic! Our specialized experts know how to deliver essential care virtually!

**Our care team keeps you updated** on your patient's progress and collaborates with you to ensure a smooth transition back to your care.

- ❖ **Curriculum** – We use a structured, proven curriculum that addresses the unique needs of each patient and provides them with the **skills and tools they need for long-lasting recovery**.

Our [published research](#) shows that **our virtual program is as effective as face-to-face care**. Patients in our Virtual Intensive Outpatient Program showed significant and clinically meaningful improvements in all outcomes measured, including self-reported eating disorder symptoms, depression, self-esteem, quality of life, and overall satisfaction.

- ❖ **Connection** – Research shows **100% of patients felt connected to their clinicians and members of their group**. Unlike other programs, patients work with the same care team throughout, providing them the chance to get to know and trust those who are important to their recovery.

We deliver the **same programming offered onsite in the comfort of their home**. And the technology is easy to use.

In case you need a few more reasons to refer your patients to us:

**We are located nationwide. We accept commercial insurance. We are here to stay.**

Contact us today and let's begin working together to help your patients benefit from virtual care at **Eating Recovery Center** and **Pathlight Mood & Anxiety Center**.

Email us at [info@ercpathlight.com](mailto:info@ercpathlight.com) or call 1-877-825-8584.