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Accepting Direct Admissions for Virtual IOP



Virtual Care You Can Trust

[REFER A PATIENT](#)



Call 1.877.825.8584 or Fax 425.974.1530 to schedule a free assessment.

While treating patients virtually has become the new norm, it is not new to us. Since 2016, Eating Recovery Center and Pathlight Mood & Anxiety Center have treated more than 6,000 patients virtually. Many patients step down to our **Virtual Intensive Outpatient Program (Virtual IOP)** as they progress through recovery, and even more patients start their treatment journey by directly admitting to one of our **Virtual IOP programs across more than 20 states**.

Take advantage of the most comprehensive Virtual IOP services available:

Adult Programs:

- > Mood & Anxiety Treatment
- > Eating Disorder Treatment
- > Binge Eating Disorder Treatment

Child & Adolescent Programs:

- > Mood & Anxiety Treatment
- > Eating Disorder Treatment

[VIEW PROGRAM DETAILS](#)

If your patient could benefit from more structure and group support in a convenient virtual outpatient setting, **let us partner with you**.

Please enter a valid email address to receive notifications of new virtual care offerings in your state *

[SIGN UP FOR ALERTS](#)



Learn More About Virtual IOP Services

To learn more about virtual treatment for your patients, we have provided the following resources:



[Virtual Care Overview Flyer](#)



[Virtual IOP Video](#)

View our list of more than 20 states where we are currently offering Virtual IOP

Refer Your Patients Today

There are four ways to make a referral:

1. Call our master's-level Clinical Assessment Team at 1-877-825-8584
2. Email us at Info@ERCPATHLIGHT.COM
3. Fax your patient's information to 425-974-1530
4. Complete the [Quick Admit form](#)

ABOUT EATING RECOVERY CENTER AND PATHLIGHT MOOD & ANXIETY CENTERS

Eating Recovery Center (ERC) and Pathlight Mood & Anxiety Center (Pathlight) comprise the nation's leading mental health care system dedicated to the treatment of eating disorders and primary mood, anxiety and trauma-related disorders. ERC specializes in treating patients struggling with eating disorders and related conditions including anorexia nervosa, bulimia nervosa, diabulimia, binge eating disorder, avoidant restrictive food intake disorder (ARFID), and unspecified eating disorders (OSFED) and co-occurring conditions. Pathlight specializes in treatment for mood and anxiety disorders such as generalized anxiety disorder, panic disorder, depression and mania, trauma-related disorders including post-traumatic stress disorder, as well as co-occurring substance use disorder. ERC and Pathlight provide innovative, evidence-based, treatment programs tailored for patients of all ages, genders, races and ethnicities. Working closely with patients as well as their families, ERC and Pathlight's multi-disciplinary treatment programs are designed to help illuminate their unique paths forward and provide a foundation for resilience and long-lasting mental wellness. ERC and Pathlight offer Inpatient, Residential, Partial Hospitalization (PHP) and Intensive Outpatient (IOP) levels of care in centers across the country as well as Virtual IOP (video) telebehavioral health services. For more information, please visit eatingrecoverycenter.com or pathlightbh.com.



Follow Eating Recovery Center:



Follow Pathlight:

